

Insurance Solutions March Newsletter



A look at some important trends that will affect you

Your Health is Precious. Have you had it checked this year?

No matter your age or stage of life, the annual check up with your doctor or PA is one of the best ways to identify and treat health issues before they worsen. And let's be candid, knowing that you must face a medical professional raises your awareness of your medical situation.

Like many who may read this, I am on Medicare, and I realize that my annual Medicare Wellness visit will be with a PA, will consist of a few perfunctory tests and a bunch of questions. But I make this visit deliver more value by having a blood/urine test in advance. Of course, that I have to pay for, but it's worth the cost because now I have significant health related data in front of a medical professional. If something is out of whack, they will notify my doctor for a follow up call... and that will be covered by Medicare. ***That visit*** could be key to my health

The Wellness visit also includes a review of your vaccinations (which are a covered benefit) and you can take care of updating those as well.

In addition to learning more about you and your lifestyle, this visit with a medical professional will allow plenty of time to address any concerns or answer questions you may have about medications, treatment plans, or other health issues.

Getting out in front of a medical issue can mean the difference between success in treatment or challenges. **Health is precious.** We each know of people close to us who have suddenly taken ill, and these annual visits can help you minimize your health-related risks. Don't think about it, call your doctor and schedule the appointment today! 😊